

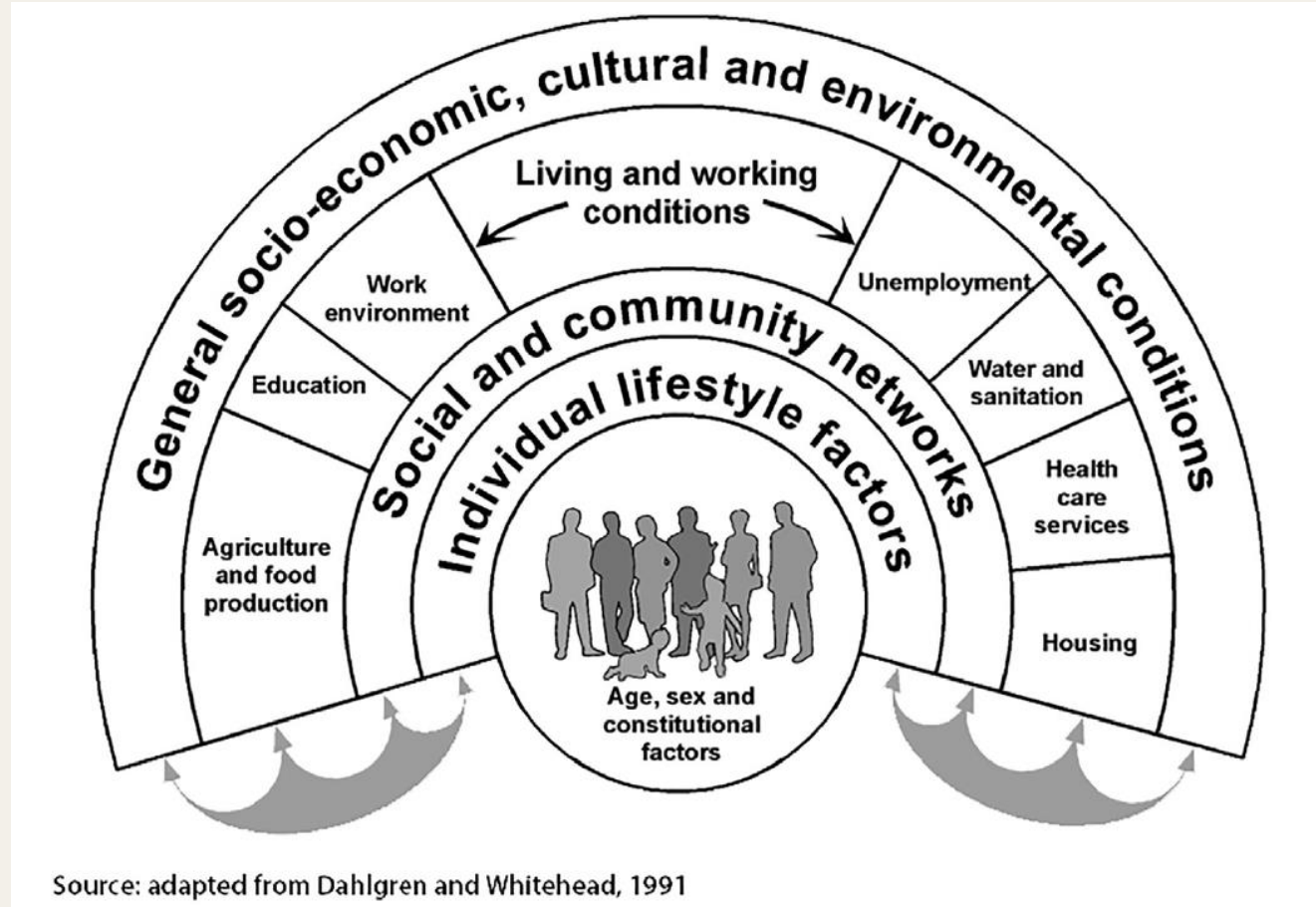
# Dahlgren – Whitehead Model Health Determinants

SAIEH

CPD 6 May 2022

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# Model – main determinants of health



# Rainbow Model

Dahlgren-Whitehead  
model

Effective illustration  
health determinants

Widespread impact  
research on health  
inequality &  
influence

Broadens horizons

Encouraging  
thinking beyond  
health services &  
health sector

Wider social  
determinants health  
in local environment  
& society

# ‘Rainbow Model’



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Layers of influence on population

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Simple framework – think about policy response

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Different sectors – involved – tackling these determinants

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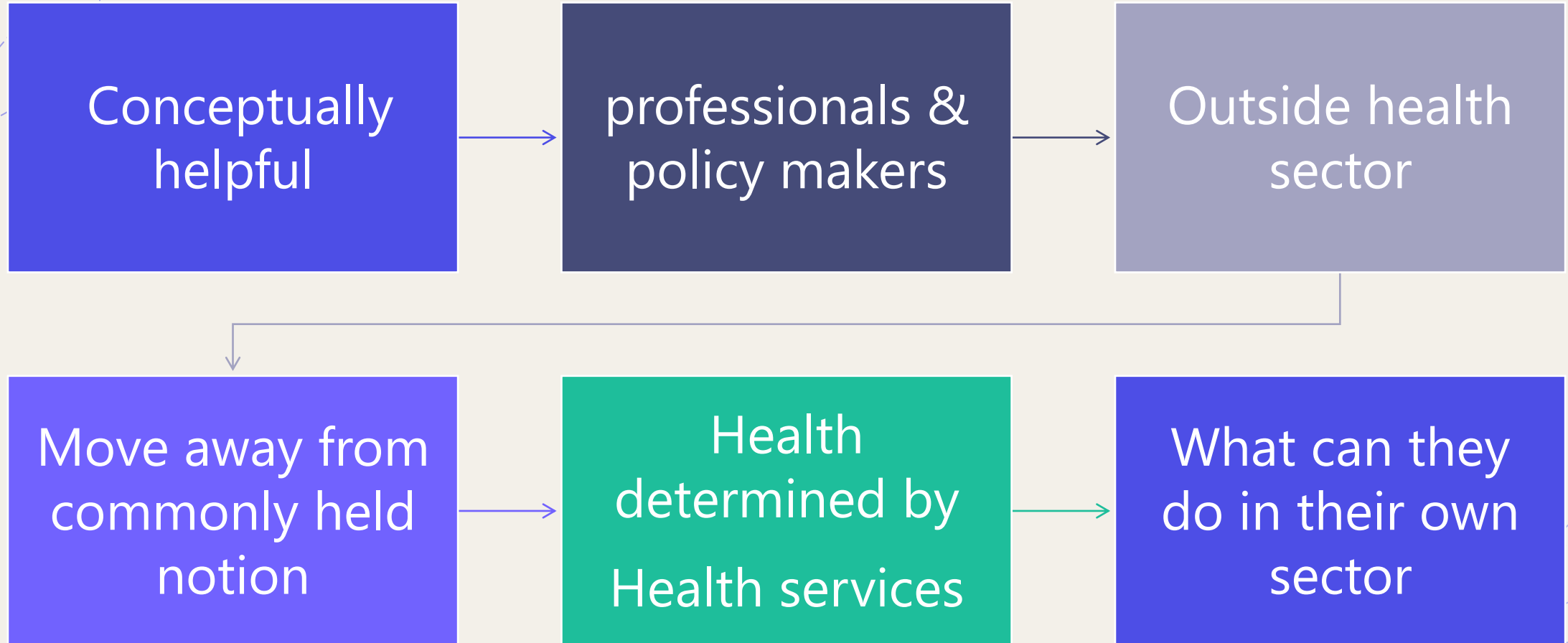
Tackling inequalities in health since 1993 (UK Kings fund)

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Model used 2015 model, UK Economic & Social Research – top 50 key achievement



# Dahlgren – Whitehead Rainbow Model





# Stakeholders outside health sector

- + Housing official
- + *Lightbulb moment*
- + Working in housing could influence
- + Health of residents &
- + His role - holistically

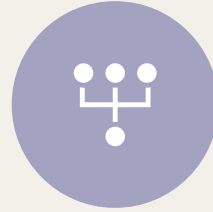
# Working towards - Common Goal



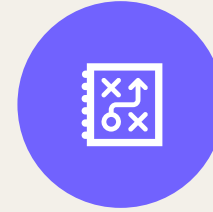
GETTING PEOPLE –  
DIFFERENT SECTORS



WORK TOGETHER –  
COMMON GOAL



EACH SECTOR –  
OWNERSHIP &  
RESPONSIBILITY



DEVELOP &  
IMPLEMENT OWN  
STRATEGIES



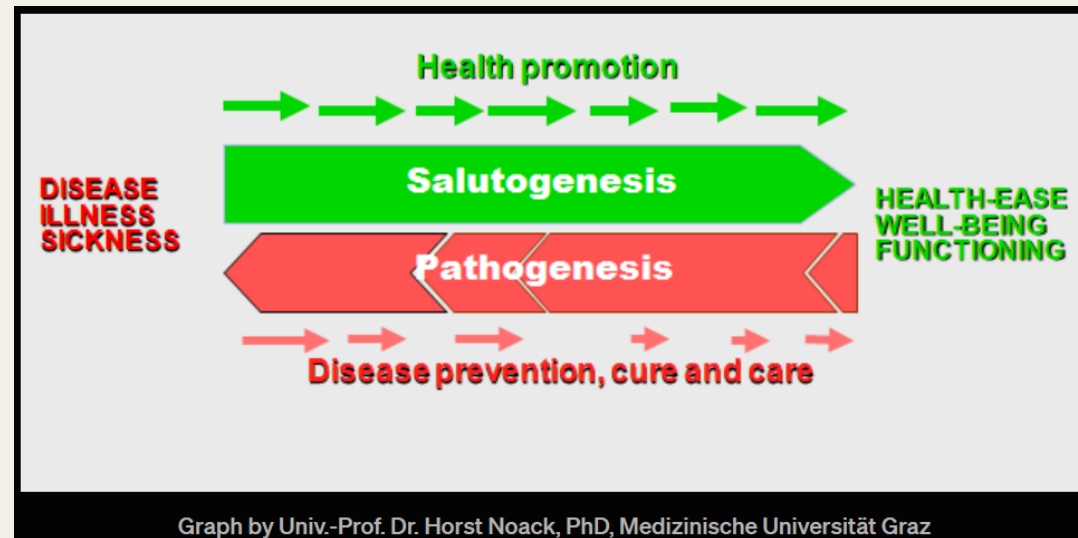
PROMOTING HEALTH  
& REDUCING  
INEQUALITIES



EACH SECTOR  
INITIATE  
COLLABORATION

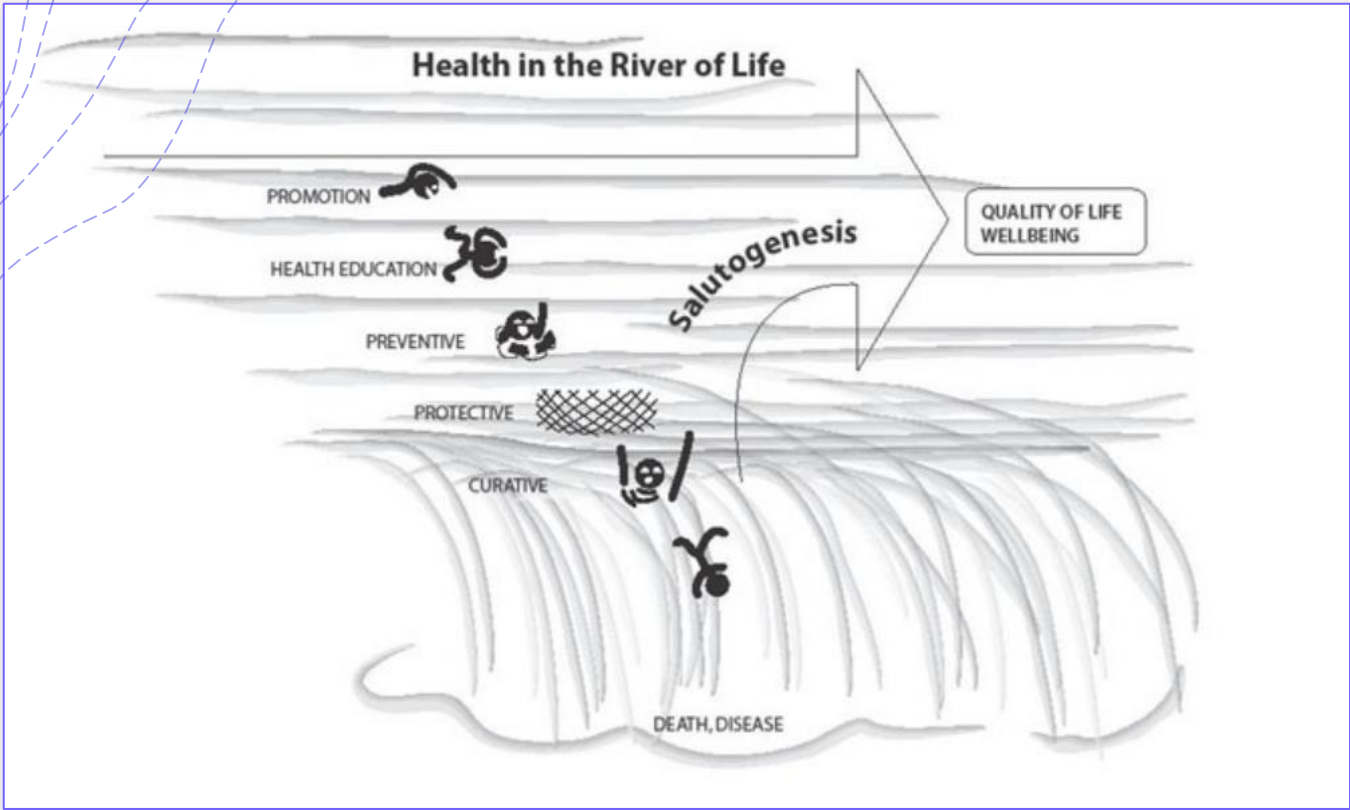


# Determinants of health



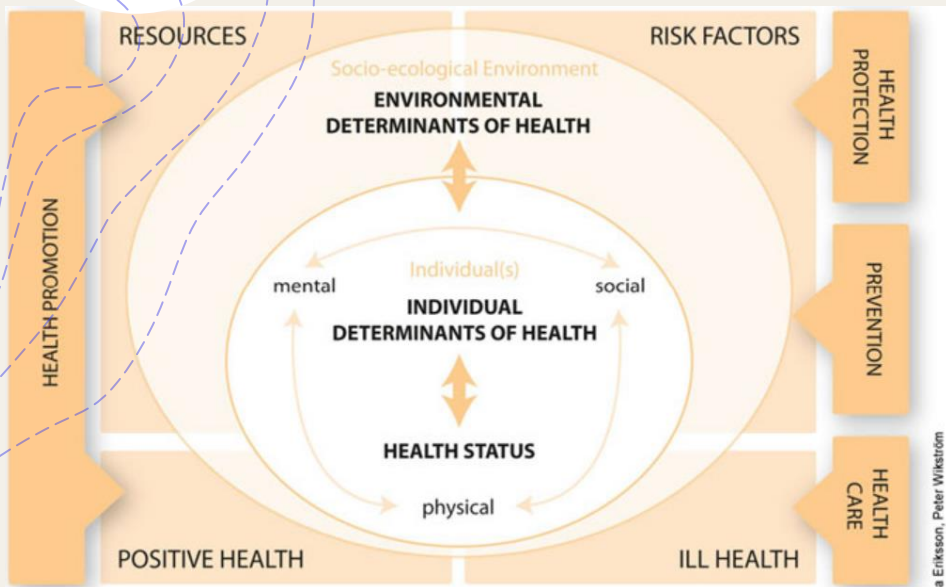
- + Increased focus on determinants of health rather than the causes of different diseases
  - + Health promoting (salutogenic)
  - + Protective (vaccine)
  - + Health damaging risks





**Health promotion**  
*promoting healthy  
lifestyle &  
preventing illness*

**Health education**  
**informing about  
health issues**



**pathology** and **health promoting**  
**disease** and **health**  
**risk** and **resources**  
**cure** - **prevention & promotion**

