# Social Determinants of Health (SDH)

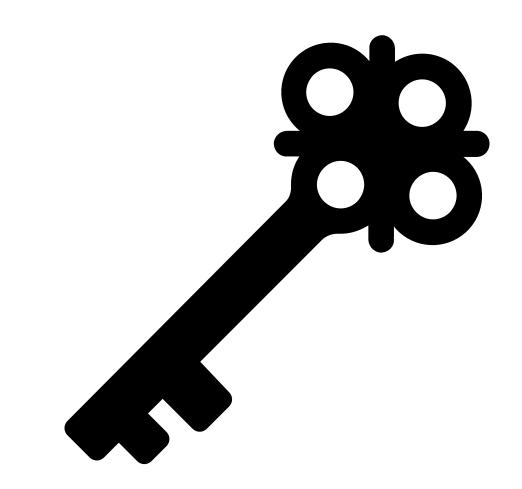


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### Health Improvement -Traditional approach

- Efforts looked
- Health care system
- As Key driver
- Health & Health outcomes



## Core Determinants of Health



All Determinants

Biological Determinants Behavioural Determinants Social Determinants Physical Environment

Factors relating to the body that impact on health, such as: Genetics, hormones, body weight, blood pressure, cholesterol, birth weight

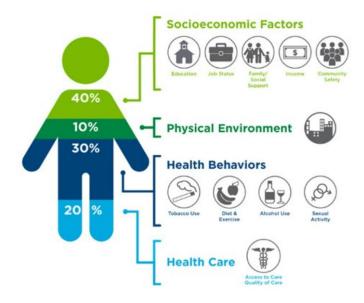
Actions or patterns of living of an individual or group that impact on health, such as: Smoking, sexual activity, eating practices Aspects of society and the social environment that impact on health, such as: Poverty, early life experiences, social networks

The physical surroundings in which we live, work and play. It includes water, air, housing, roads

# Social Determinants of Health (SDHs)

- Non-medical factors
- influence health outcome
  - need to go beyond healthcare
- SDHs
  - wider set of forces & systems
  - Shape and influence conditions
  - born grow –age live –work
  - Daily life

#### What Goes Into Your Health?



Source: Institute for Clinical Systems Improvement, Going Beyond Clinical Walls: Solving Complex Problems (October 2014) Adapted from The Bridgespan Group

## Broader approach

- Increased recognition
- Improve health & health equity
- Social economic & environmental factors
- influence health



### Social -Economic Environmental factors

Social Determinants of Health

Health outcomes

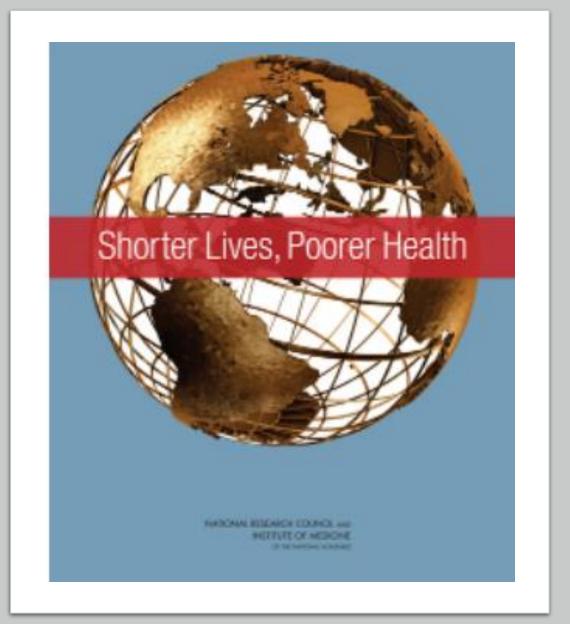


# Social & Environmental determinants of health global – national – local

- Social & physical conditions
- Daily lives

#### Factors:

- socioeconomic demographic environmental – cultural
- Health system environmental public health



## Health & sustainability



There is a strong relationship between human health and environmental health. From the air we breathe to the water we drink and use, life here on Earth depends on the natural resources and the environment around us.

#### Good health requires a clean environment and a stable climate.



A sustainable health and care system is achieved by delivering high quality care and improved public health without exhausting natural resources or causing severe ecological damage.

### Environmental sustainability & issues

Environmental sustainability is concerned with whether environmental resources will be protected and maintained for future generations.

