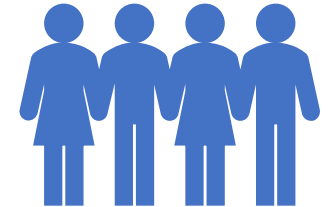


Social Determinants of Health (SDH)

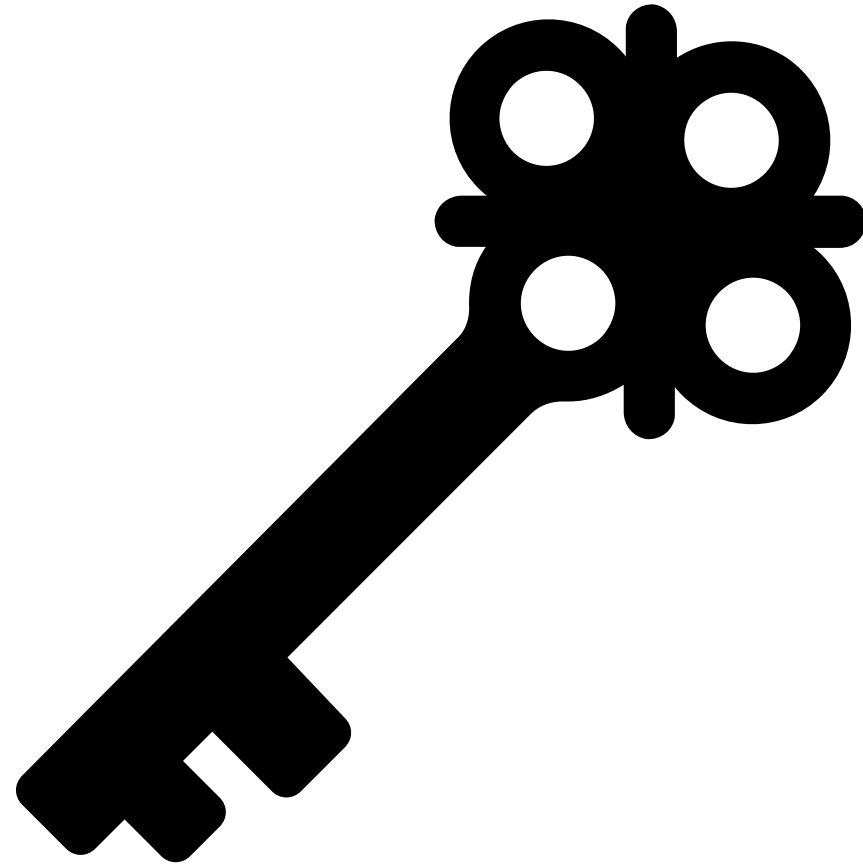


SAIEH CPD Workshop 6 May 2022

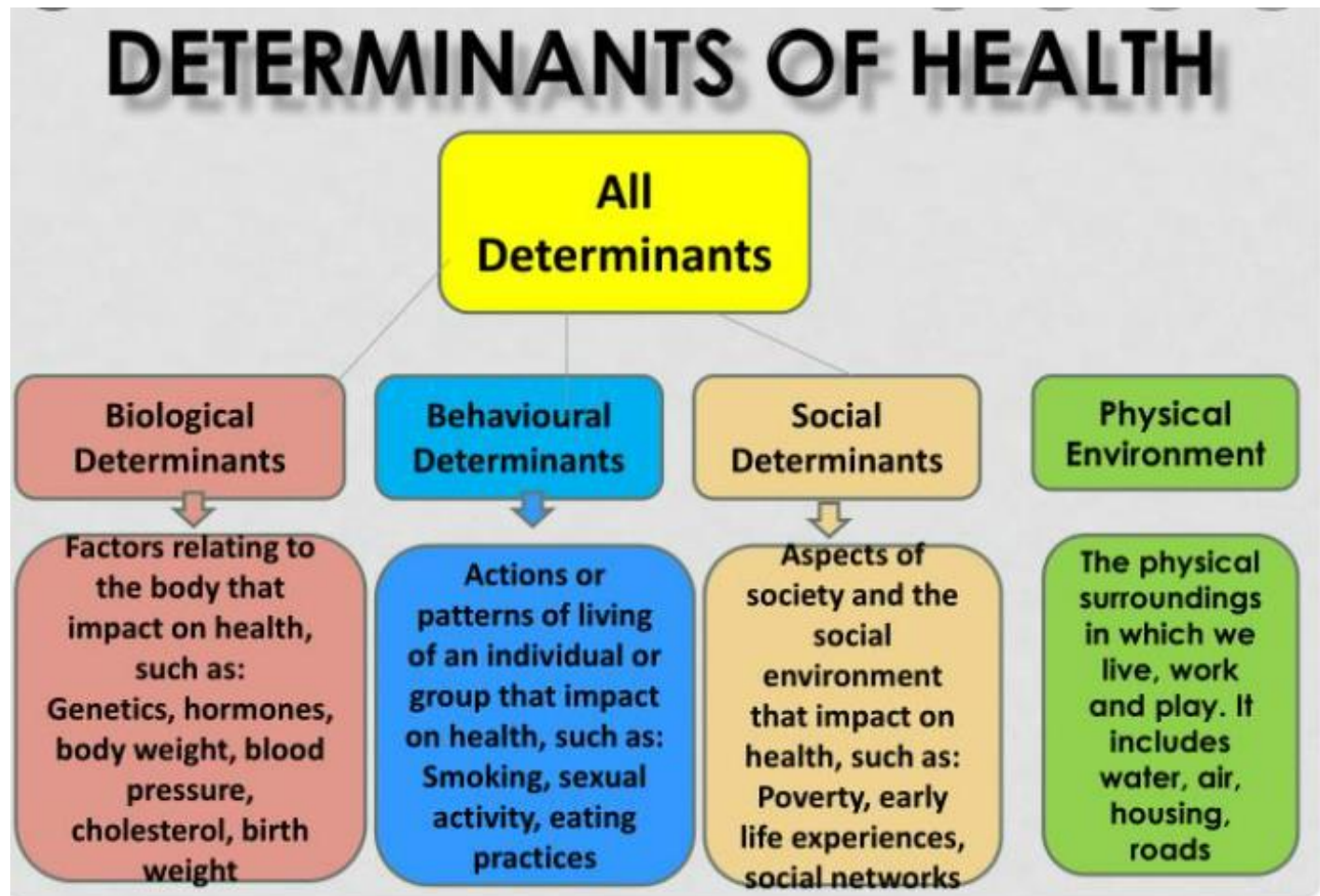
Ana Bigara

Health Improvement - Traditional approach

- Efforts looked
- Health care system
- As Key driver
- Health & Health outcomes



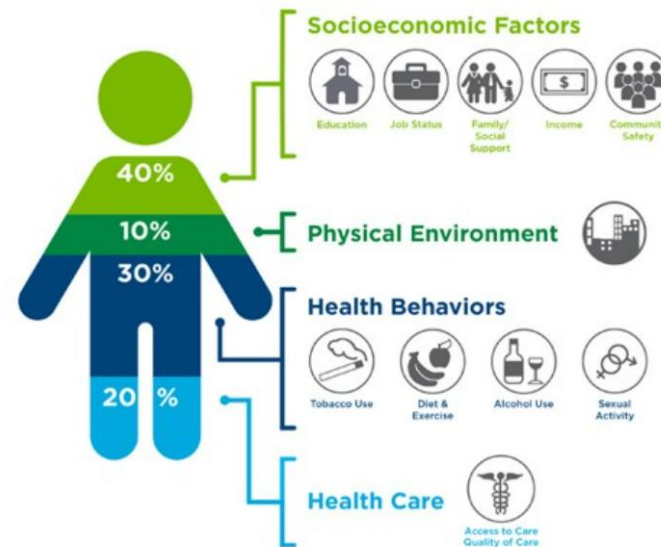
Core
Determinants
of Health



Social Determinants of Health (SDHs)

- Non-medical factors
- influence health outcome
 - need to go beyond healthcare
- SDHs
 - wider set of forces & systems
 - Shape and influence conditions
 - born – grow –age – live –work
 - Daily life

What Goes Into Your Health?



Source: Institute for Clinical Systems Improvement, *Going Beyond Clinical Walls: Solving Complex Problems* (October 2014) Adapted from The Bridgespan Group

Broader approach

- Increased recognition
- Improve health & health equity
- Social – economic & environmental factors
- influence health



Social - Economic Environmental factors

Social Determinants of
Health

Health outcomes

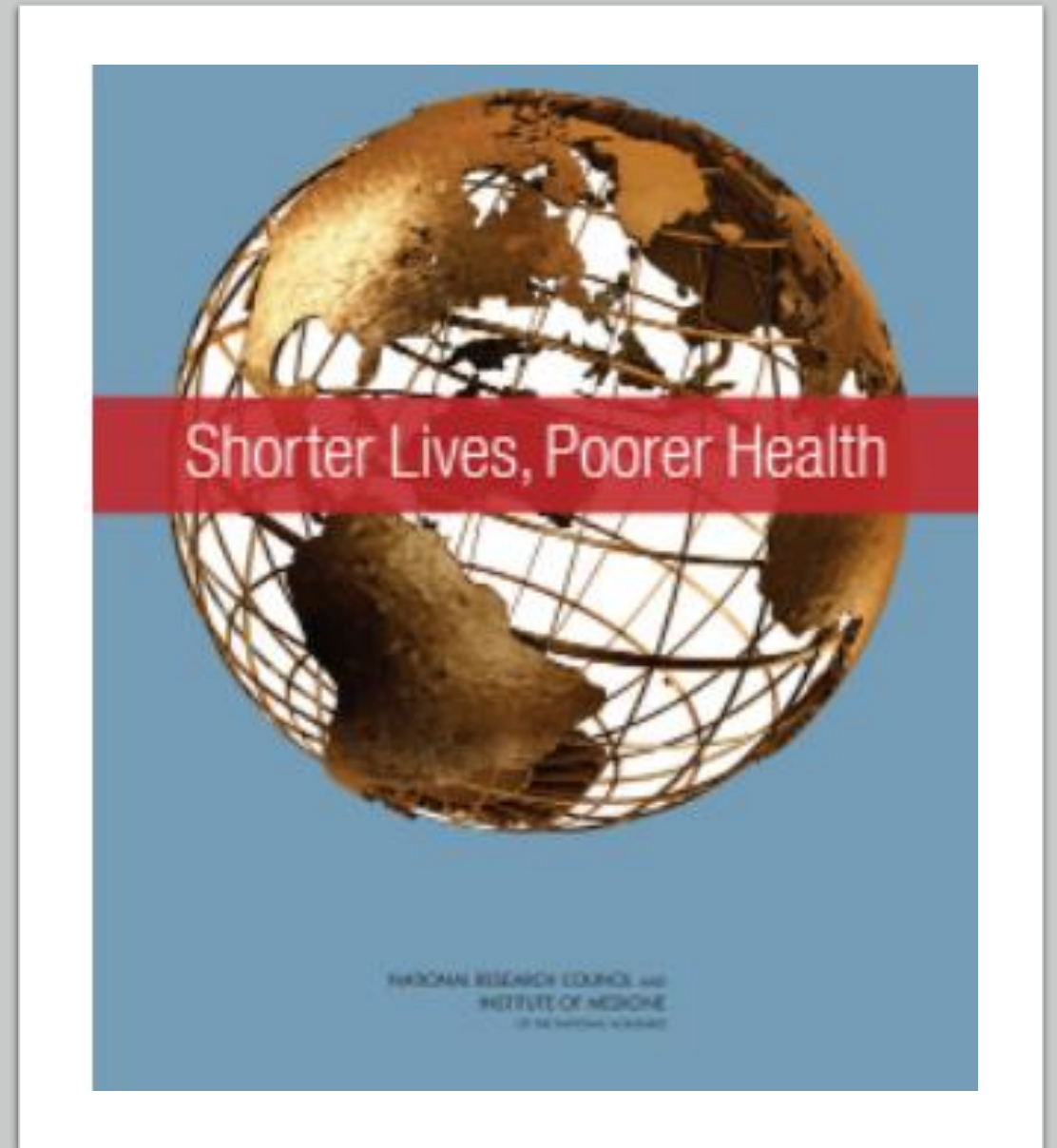


Social & Environmental determinants of health global – national – local

- Social & physical conditions
- Daily lives

Factors:

- socioeconomic – demographic – environmental – cultural
- Health system – environmental public health



Health & sustainability



There is a strong relationship between human health and environmental health. From the air we breathe to the water we drink and use, life here on Earth depends on the natural resources and the environment around us.

Good health requires a clean environment and a stable climate.



A sustainable health and care system is achieved by delivering high quality care and improved public health without exhausting natural resources or causing severe ecological damage.

Environmental sustainability & issues

Environmental sustainability is concerned with whether environmental resources will be protected and maintained for future generations.

